

Thank you for enrolling in one of Talisman Centre's Summer Sport Camps! Below you will find helpful information about the camps. Have fun and enjoy!

First Day Check-in

Check-in will run from 7:30-8:30am on the first morning in Gymnasium #2 (access can be gained through the customer service desk on the main floor). Please complete the accompanying forms and bring them with you at that time. If you did not receive one of these forms or forget to bring them, we will have extras available when you check in.

Forms

All participants should have received the following forms in this package:

1. Participant Information Form
2. Sign-out Form
3. Image Release and Field Trip Form
4. Medication Release Form (only if your child requires medication during camp)

Before & After Care

Before and after care is offered free of charge for camp participants between the hours of 7:30 – 8:30am and 4:30-5:30pm. During this time all camp participants will be supervised by staff in Gymnasium #2. Fitkids morning camp participants (8:30am-12pm) are welcome to use before care and Fitkids afternoon camp participants (1-4:30pm) are welcome to use the after care. All other Multi Sport camps run from 8:30-4:30 pm and participants of these camps are welcome to use both the before and after care. If you must contact pre/post care staff, please call our main line at 403.233.8393 and leave a message.

Note: We require an authorized adult to sign the camper in and out of the camp, unless the appropriate form is filled out allowing the child to sign themselves out.

Lunch & Snack

Please make sure to pack a lunch and two snacks with your child each day. Due to the high number of allergies, **please do NOT pack anything containing peanuts or nut ingredients**. Make sure you send a **bag lunch** on days that the kids will be going off-site as we cannot guarantee that they will be able to purchase a lunch. A lunch program is available for full day camps at an extra cost for your week and you may register for this program prior to the beginning of camp through our main line at 403.233.8393.

Activities

Our camps involve a wide range of activities throughout the facility. Please make sure to pack the following items each day:

- ⇒ Swimsuit and towel
- ⇒ Indoor running shoes
- ⇒ Outdoor Clothing (Rain gear, jacket/sweater), Hat and Sunscreen
- ⇒ Lunch, two nutritious snacks and a water bottle

Schedules will be available 2 weeks prior to the start of camp. If you would like a copy, please email daycamps@talismancentre.com Feel free to contact us with any questions or concerns.

Sincerely,

Gill Muirhead

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