



YOUR NAME HERE

Group Fitness Instructors

We are currently seeking fun, inspirational and energetic **Cycle, Aquatic and Dryland Fitness Instructors** to join our dynamic Sport & Wellness team and lead fitness classes at Talisman Centre.

What's in it For You

- An outstanding facility to teach classes on a part-time or contract basis for 2 – 5 hours per week starting in January 2007
- Additional work and volunteer opportunities to complement this position may be available in other areas of the facility
- Free facility membership & your friends can work out with you for free!
- Access to a variety of free & discounted programs
- Wage Range: \$22 to \$34 per hour depending on education/certification and experience

What You'll Do

- Provide a fun, safe and encouraging environment for all group fitness class participants
- Create and facilitate lesson plans
- Assist with the development and implementation of programs
- Demonstrate superior customer service, leadership and communication skills
- Set up and take down of program supplies as required
- Provide progress reports, evaluations and updates to the Wellness Program Coordinator

What You Need

Education

- CPR C (recertified within one year) and Standard First Aid (recertified within 3 years) – required before employment can commence
- AFLCA Group Fitness Instructor and/or CanFit Pro Certification

Experience & Skills

- Fitness knowledge and experience – related to cycling, aquatic and dryland classes is an asset
- Strong communication skills and ability to work with large groups of people independently
- Patient, enthusiastic and motivating
- Work effectively with all customers in a courteous, efficient and professional manner

How to Apply

Apply today! Please submit a cover letter and resume to Talisman Centre Human Resources by:

- E-mail: employment@talismancentre.com (please include the job title in the subject line)
- Fax: (403) 262-1001, or
- Drop off: 2225 Macleod Trail South, Calgary, AB T2G 5B6

This position will remain open until a suitable candidate is found.